



# Triangle of Light Healing



MYSTICAL JOURNEY TO PERU AND LAKE TITICACA WITH  
JORGE LUIS DELGADO AND JORY ADAMSON

November 9 - 22, 2007

You are invited to join a small group in a journey of the heart and soul as we discover the magic of the Andean culture of Peru. We will explore sacred sites of the Andes, experience the power of Machu Picchu and Lake Titicaca. Our guide, Jorge Luis Delgado, is an Andean shaman, healer and mystic whose passion is to share his knowledge of Peruvian traditions. Together we immerse ourselves into this mystical land where the veil between the worlds falls away.

# Itinerary

## Day One: Depart USA

Depart USA to arrive in Lima late in the evening where we will spend the night.

## Day Two: Cuzco/Sacred Valley of the Inca

Depart for our early morning flight to Cuzco, capital of the Inca Empire high in the Andes. We will travel by private bus through the scenic countryside to the Sacred Valley. It's time to rest and acclimate to the altitude. We'll have the opening ceremony at Ollantaytambo to request a good journey from the Pachamama.

## Day Three: Sacred Valley

After breakfast we explore the sacred site of Písaq, the Temple of the Falcon. A hike up to the ancient site overlooks spectacular views! Arriving at the Inca temple, we have the opportunity to clear any "hucha" or heavy energy we may be carrying. We continue down past the terraces to visit the local market where plenty of time is provided to purchase Peruvian handicrafts. On the way back, a stop at Urco, The Temple of the Serpent, to have a chicha ceremony.

## Day Four: Machu Picchu

This morning we'll take the train through breathtaking terrain along the powerful Urumbamba River. After checking into our hotel in Aguas Calientes, we experience Machu Picchu, The Mystical City of Light. Jorge will be our guide through the temples and power spots to facilitate connection with our inner knowing and memories.

## Day Five: Machu/Cuzco

Today is a day of your choosing where you may take an optional exploration to Machu Picchu or stay in Aguas Calientes to enjoy the hot

springs and ambience of the town.

We return to Cusco on the afternoon train to spend the night.

## Day Six: Cuzco

On a walking tour we'll visit the Coricancha, the Temple of the Sun, and the altars of Cuzco. Our private motor coach will take us to the ruins of Sacsayhuaman, an ancient fortress temple built from megalithic granite blocks precision cut to fit together without mortar. This is where the head of the puma of Cuzco resides. We will also go to Tambomachay, Puka Pukara, Q'enko and the Moon Temple. Overnight in Cuzco.

## Day Seven: Cuzco

After breakfast, we head to The Temple of the Waters at Tipón for a water ceremony. The rest of the day and evening is free for enjoying the beauty of Cuzco. Here we spend the night.

## Day Eight: Lake Titicaca

We depart by bus for Lake Titicaca, the highest navigable lake in the world. On the way we will be stopping to pay homage to the Temple of Wiracocha. Overnight in Puno.

## Day Nine: Amantani Island

Boarding a boat for peaceful Amantani Island, we arrive at the Temple of the Mother Earth to participate in a ceremony to balance our polarities. This evening, we are privileged to sleep in the rustic adobe homes of the local Islanders.

## Day Ten: Puno

We return by boat to Puno exploring the floating reed islands of the Uro people whose mythical origins point to the Dog Star Sirius. Overnight in Chucuito.

## Day Eleven: Cutimbo

This morning will be a visit to the powerful Aramu Mura Doorway. We return to Chucuito to visit Cutimbo for the evening. Overnight in Chucuito.

## Day Twelve: Bolivia

We will take our bus to Copacabana, Bolivia, then travel by boat to the Island of the Sun, the birthplace of the first Inca, Manco Capac. Here we experience the portal dedicated to the sun god. We then travel to the Island of the Moon, which has ruins of an Inca temple and a cloister for Chosen Women. Overnight in Copacabana, Bolivia.

## Day Thirteen: Tiahuanaco

Tiahuanaco is a sacred site that has been estimated to have been built around 15,000 BC. Time for meditation and reflection, as we prepare ourselves to leave this sacred land. Return to Chucuito to spend the night.

## Day Fourteen: Leave for Home

In the morning, we'll visit Sillustani, the burial grounds of kings, queens and shamans for a closing ceremony. We leave from Juliaca and fly to Lima to return home.



- **Land Cost: \$2,995 double occupancy with a \$500.00 non-refundable deposit due August 9, 2007. 50% of balance due September 2, 2007. Balance due upon arrival in Peru.**
- **\$495 additional for single occupancy.**

**Trip includes:**

- Hotels
- Daily breakfast
- Ground transportation
- Domestic airfare
- Site entrance fees
- Private ceremonies
- Train to Machu Picchu
- Personal guide Jorge Luis Delgado
- All ceremonies
- One entrance fee to Machu Picchu

**Does not include:**

- International Airfare
- Airport taxes: \$5.00
- Departure fee in Peru: \$28.00
- Meals not included except for breakfast
- Tips for driver and guide

For further information or to register, please contact:

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Jorge Luis Delgado was trained by Kallawayas shamans of the northeast Lake Titicaca region, the lineage of the Amautas and the Wise Ones of the Andes. He has also studied with and been trained by the Q'ero elders of the Cusco region, who are considered the last remaining descendents of the Incas. Jorge is the re-discoverer of Aramu Muru Doorway, an interdimensional portal near Lake Titicaca. Jorge is a founding member of The Brotherhood of the Solar Disc which is an Andean esoteric society, headquartered at Titicaca. The dedication of this group is to share unconditional love through connection with the Golden Disc. This is brought to the Andes by the Lemurian Master Aramu Muru.

Jorge Luis believes that this Pachacuti (a time when the world is being turned upside down and a new consciousness is emerging) is a time to go within and heal the wounds of the past both individually and collectively. He is a "way-shower" who shares ancient and hidden knowledge to assist in the healing of those who are ready. He is the author of [Andean Awakening, An Inca Guide to Mystical Peru.](#)



For the past 20 years, Jory Adamson, M.A. has practiced as a psychotherapist, Reiki Master/Teacher and spiritual counselor. As an energy practitioner, she specializes in clearing the luminous energy field around the body that connects to wounds held in the chakras as well as providing energetic chelation treatments to facilitate cellular healing. For many years, she has led a spiritual group dedicated to meditation, prayer and personal and planetary transformation.

Her passion for the healing traditions of indigenous people led her to study and teach Peruvian shamanism based on the Q'ero of the Andes. For several years, she has been leading groups in both North and South America for those interested in a deeply spiritual experience of the sacred sites, symbology and knowledge of the ancient ones. Her journey has led her to become initiated into the Rites of Passage of a Mesa Carrier: one who is a keeper of the earth medicines, a ceremonial leader and a teacher of the Medicine Wheel. She makes her home in both northern New Mexico and Southern California.